

CLAIMS

1. An absorbent comprising a water-absorbent resin and a hydrophilic fiber, characterized in that said water-absorbent resin has a water absorption (a) of physiological saline of 60 to 100 g/g and a water-retaining capacity (b) of physiological saline of 45 to 80 g/g, and that the water absorption (a) of physiological saline and the water-retaining capacity (b) of physiological saline satisfy the relationship of the formula:

$$[\text{Water absorption (a) of physiological saline}] \geq [\text{Water-retaining capacity}$$

10 (b) of physiological saline] + 15.

2. The absorbent according to claim 1, wherein the water-absorbent resin has a water absorption of physiological saline under pressure of 0.49 kPa of at least 55 g/g after 60 minutes passed from the beginning of water absorption.

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3. The absorbent according to claim 1 or 2, wherein the water-absorbent resin has a water absorption of physiological saline under pressure of 2.07 kPa of at least 20 g/g after 60 minutes passed from the beginning of water absorption.

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4. The absorbent according to any one of claims 1 to 3, wherein the vortex time of the water-absorbent resin is within 100 seconds.

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5. An absorbent article comprising the absorbent according to any one of claims 1 to 4 interposed between a liquid-permeable sheet and a liquid-impermeable sheet.